18th Freiburg International Gymnastics Congress

International top speakers
Talks
Lectures
Workshops

October 12-13, 2024

Further information at www.sport.uni-freiburg.de/en
Search keyword: figc
EDITORIAL

Dear friends,

We are entering 16th year since we started to publish our journal. We are pleased we made a good development since beginning. Now we permanently publish around thirty (30) scientific articles per year, with Anton Gajdoš we have still look into the history of gymnastics and we have published also few Letters to Editor, where you can express some argument views or introduce some new book or other novelties for example.

Our friends in Brazil are preparing Symposium Gymnastics for All between 20.-23.3.2024. You can join them via FIG www. Flavio Bessi from University of Freiburg (Germany) in in October preparing symposium on gymnastics. Please be welcome on both event events, which are bringing new data about gymnastics.

We are still experiencing problems with our reviewers as, unfortunately, many of them have no time to review our submissions. I would like to appeal to you to please help us out. As a specialized journal, we have access to only a limited number of researchers. Let's all try an effort to remain a part of the prominent scientific community on the Web of Science and SCOPUS!

This issue covers a diverse range of content, the authors are coming from Japan, Brazil, United Kingdom, USA, Turkey, South Africa, Phillipines, Croatia and Spain.

Anton Gajdoš with Ivan Čuk prepared 29th short historical note introducing the first World Championship after World War II in Basel (Switzerland).

Miriam Kalichová and her team prepared under Erasmus + project SAFE GYMNASTICS 4ALL with aim to give information on basis of artistic gymnastics for students and teachers of P.E., and can be also used by coaches of novice gymnasts. More information is presented in Letter to Editor.

https://is.muni.cz/do/fsps/e-learning/safe_gymnastics_4all

Just to remind you, if you cite the journal, its abbreviation in the Web of Knowledge is SCI GYMN J.

Please note that our address is

https://journals.uni-lj.si/sgj

I wish you enjoyable reading and many new ideas for research projects and articles.

Ivan Čuk
Editor-in-Chief
Safe gymnastics 4all

Mgr. Petr Hedbávný, Ph.D., Mgr. Miriam Kalichová Ph.D., prof. Ivan Čuk, Ph.D., Ph.D. prof. Maja Pajek

doc. dr. sc. Marijo Možnik, dr. sc. Lucija Milčič, pred.

Department of Physical Activities and Health Sciences, Department of Sport Performance and Exercise Testing, Faculty of Sports Studies Masaryk University

Faculty of Sport, University of Ljubljana

Faculty of Kinesiology, University of Zagreb

<table>
<thead>
<tr>
<th>CHAPTERS</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Characteristics of artistic gymnastics" /></td>
</tr>
<tr>
<td><img src="image" alt="Short History of Gymnastics" /></td>
</tr>
<tr>
<td><img src="image" alt="General didactic guidelines" /></td>
</tr>
<tr>
<td><img src="image" alt="Disciplines of artistic gymnastics" /></td>
</tr>
<tr>
<td><img src="image" alt="Tests" /></td>
</tr>
</tbody>
</table>